



April 2004

Hello All-

Spring has sprung,
and good things are
happening. It's
always a scramble keeping up when
good things are happening...

I got a comfortable tax refund this year so I stocked up on some new books and products. Got a couple of juicers too as the price had gone down a bit, so if you know anyone in the market send them my way. Most of the new books were on juicing too, as well as other cookbooks. If you want to know where your heart is at, pay attention to where you're putting your money.

I've been trying to do a bit about growing things again. Planted tomato seeds and have been getting some plants ready to go. It's a little harder to do it this way, but you get more for what it costs you. I started sprouting some wheat and juicing the wheat grass too. Bit of a shock to drink, but it seems to do interesting things once its inside. Many people can actually feel a rush of energy.

Have to say I've needed to lean back in faith a bit more too. No matter how much we raise our health, it never seems enough. The job is always a little bigger than we are. But in Christ, I can do all things...

Be that as it may, Friday is coming.
You come too if you can.

-Gary-

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