



December 2004

Hello
everybody-

Looks like December has arrived! The November projects are finished, all except those that aren't, of course, and here we're ready for new fun.

For Sandra and I it's still the project of getting moved in together. Looks like I married an accumulator which is interesting because I'm one of the worst accumulators I know of. Some of that's legitimate, as everything I do takes stuff, sometimes lots of stuff, to do it right.

So the question arises, what am I *supposed* to be doing right now? Is having a small electronics shop at home really a priority right now? How about a small wood shop? How about a small drapery shop? How about a small health minister storehouse? How about a small video network?

The question keeps getting back to what am I really doing with my life? Or as a new couple, what are we doing with our married life? What is God saying to us? That's really the bottom line, right there—what does God have to say?

Hearing the voice of God however, is a lifelong skill. It doesn't happen overnight. Some things become very evident though. When the pile of stuff is bigger than the available space, start tossing. Actually, that's probably a good habit to try to get into. The only thing we have to give God is our time. Stuff takes time. The more stuff, the less time God gets. Very simple.

What does all this have to do with our diet meeting? Well, how about this: I can't get into my kitchen right now because it's stacked full of tile and a tile saw as I finish working over the bathroom. Do you think that's affecting my diet a little? Uh-huh.

The big bottom line question on such a lifestyle change is *How can I make this work?* All change requires decisions, sometimes hard ones. It's hard turning loose of inanimate objects that have never loved me and never could for the sake of a flesh and blood wife who loves me very much. Shouldn't be, but it is. The Lord allows things to stretch us. There's never enough time, money, space, or whatever. He forces us to make value judgments.

So if you are struggling right now to make the changes that will turn your health around, don't be discouraged. It's hard for everyone. But it is possible. See you all Friday.

Gary & Sandra

© 2004 Gary A. Hughes